



2021



GFWC X-JWC

Hotline

Editor: Phyllis Salzburg

From President Katherine Van Dell

The days are becoming cooler and evenings colder and before we know it the snow will be piling up. As we celebrate Thanksgiving I hope each of you will be enjoying the holiday with family and/or friends. Sadly, this pass year, we have lost many of our family and friends from Covid and various health issues. Many don't feel safe being out amongst the populace. Please be sure to reach out to those family members and friends by calling and/or mailing cards and notes to them. Let them know we miss them, think of them all the time, and that they dwell within our hearts and minds.

November is also **National Native American Heritage Month**. Being 15% Native American, I am proud to recognize and celebrate this heritage. During our luncheon meeting, I will share a brief history regarding this month. GFWC News & Notes that was forwarded to you recently also has information on National Native American Heritage Month.

Saturday, October 30, we participated in the **Meadowlarks Market**. My heroes are Trish Peoples and Joanne Bassett for organizing this project, setting it up for the club, and then working in the booth during the day. Next heroes are Carolyn Turbiville and Judy Kallal for paying for the booth, then Carolyn working a shift during the day. Additional heroes of mine are Kathleen Petersen, Karen Lee, Nancy Krois, Bev Campbell, Phyllis Salzburg all who either worked the booth during the day, or set up the booth, did the money counting, and all who made and/or baked items for sale. I enjoyed being present throughout the day visiting with vendors and customers. Left-over items will be taken to the Tuesday meeting in hopes that you, the members, will do some of your Christmas shopping.

Saturday and Sunday, November 6 and 7, the Yoder Woman's Club will be hosting their always fun and successful fundraiser, the **Pheasant Hunters' Feed at the Yoder Community Center**. In the past many Cheyenne GFWC members have attended to help and also provide additional pies and/or salads to help ensure there is plenty of food. Some will attend Saturday, then some on Sunday. It's a lot of fun and a fantastic chance to assist our Yoder sisters. Attendees from all over the area look forward to attending this event and enjoying the outstanding fare provided. Please let me know if you are attending and which day you will be in Yoder. s have all been able to sell tickets and/or receive donations. Dollars raised by this vital fundraiser go toward supporting our CIP projects, Family Promise and Friday Food Bags. Carolyn Turbiville will need to collect the money and information at Tuesday's meeting. A big thank you goes to the Ways and Means Committee – Karen Lee, Carolyn Turbiville, Joanne Bassett, and Karen and Doc Schroeder.

To the GFWC X-JWC members thank you, thank you for all you do. I appreciate each and every one of you.

NOVEMBER 2 MEMBERSHIP MEETING 11:30 a.m. Red Lion Inn, South Fork Room.

Menu: Beef tips, salad, vegetables, strawberry shortcake OR Cobb Salad or Chef Salad.

\$12.00 Make checks payable to X-JWC.

The Red Lion requires payment for all reservations. If you are unable to cancel prior to the meeting and do not attend payment will be required.

CIVIC ENGAGEMENT AND OUTREACH, Trish Peoples, Chairperson



VETERANS DAY -- November 11, 2021. Remember to fly your flag!

DON'T FORGET TO VOTE NOVEMBER 2! Laramie County Special Purpose Tax election.

COMMUNITY IMPROVEMENT PROJECT, Bev Campbell, chairperson

Committee members Joanne Bassett, Kathy Petersen, Carolyn Turbiville, and Pam Nelson met with chairperson Bev Campbell on October 24 to begin discussions on 2022 – 2024 CIP projects procedures. The committee is asking the membership to decide if they want to support one project or two projects for the two year period beginning summer 2022. Members will be asked to vote on this choice of one or two projects at the **November** meeting.

In **December**, members will be asked to provide no more than 3 suggestions for **programs or projects for the club to support** for the next two year period. The top one or two projects, depending on the outcome of the **November** vote, will be selected as the recipient(s) of X-JWC CIP funds. Be sure to attend to have your voice heard!!



HEALTH AND WELLNESS Community Service Program, Nancy Krois chairperson

THANK YOU to all who helped tie fleece blankets after the October XJWC meeting. Supporting Domestic Violence Awareness and Advocates for Children month in October our eleven tied blankets were donated to Safehouse Services in Cheyenne. We hopefully provided some physical and emotional comfort to children experiencing turmoil.

November provides many moments to give thanks and remember to celebrate our blessings in our own way. We have National American Heritage (Nov 5th) , Veterans Day (Nov 11th), America Recycles Day (Nov 15th), Thanksgiving (Nov 25th) and Giving Tuesday (Nov 30th). I am

sure I have missed some other designated days. Studies have shown that giving thanks and sharing with others positively affects our emotional and physical health. Remember we can give our time and support activities and not just things or money. I am thankful for XJWC and our contributions to the community.

Thanksgiving Day typically provides us with lots and lots of yummy foods to share with each other. **Balance and Moderation** are key words when faced with so many food choices during the Holidays. Best wishes for all of us to make good choices helping our brains and bodies to function well. We can choose to minimize sugars and fats that overload our livers, kidneys and brains. Moving our bodies and breathing deeply every day also helps us to process whatever we eat and to move oxygen and nutrients where they are needed.

Nancy will be collecting new or gently used coats and new warm socks at the November and December meetings, delivering them to appropriate donation sites. Many thanks to all who contribute. Remember to HUM and tickle that Vagus Nerve.

WAYS AND MEANS – Karen Lee, Chairperson

Texas Roadhouse – Thursday, November 18, 2021,

11:00 a.m. – 1:00 p.m. X-JWC receives \$6.00 from each \$12 ticket sold which will support our Community Improvement Program projects – Friday Food Bags and Family Promise. **PLEASE BRING MONEY to this meeting AND completed INFORMATION slip with meals information!**



Meadowlarks Market – Trish Peoples. Thanks to everyone who donated items for the Meadowlarks Market held October 30 at Blue World Center. There was a wonderful variety of items for shoppers to choose from! We made \$347 Saturday. Remaining items will be available at the meeting for members to purchase. Thanks to Judy Kallal and Carolyn Turbiville who paid X-JWC's \$50 Market table expense.

EDUCATION AND LIBRARIES Community Service Program – Carolyn Turbiville, Chairperson

As Chairman of the X-JWC Education and Libraries committee, I would like to challenge each club member to give a book to someone or some place by Christmas Day. Let's have at least 75% of our club give a book to someone. It can be a child (grandchild, neighbor, friend) an adult, a school library -- anywhere someone could benefit from a book. Let's make this a BIGGY project

Children have an amazing way of becoming exactly who we tell them they are. If we tell them they are strong, they become strong. If we tell them they are kind, they



become kind. If we tell them they are capable, they become capable. Speak life into your kids so they will have what it takes to tackle their own life one day.

ENVIRONMENT Community Service Program – Jenny Mullin, chairperson;
Phyllis Salzburg GFWC Wyoming State Chairperson

Remember to turn in you numbers! How many plastic bags and bottles did you recycle, reuse or upcycle during October. If you didn't keep exact count that's okay – estimates accepted. Turn in your numbers at the November 2 meeting or email them to Phyllis at psalzburg@bresnan.net. Thanks!

NOVEMBER 15 – AMERICA RECYCLES DAY! How to Improve the Recycling Rate:

Empty and flatten cardboard boxes before recycling them.

Keep food and liquids out of recycling bins.

When in doubt, throw it out!

Keep plastic bags and wraps out of your recycling bin.

Turn in **old batteries** to Jenny. Please be sure to separate them by type so she won't have to!

BUNCO, Karen Schroeder, chairperson

Wednesday, November 10, at Moose Lodge. Bring your lunch at noon. Bunco begins at 12:30.

WHAT IS THE GFWC “RUN FOR THE ROSES” CAMPAIGN? – A GFWC capital campaign



to help with the current and future maintenance of GFWC international headquarters, the historic building at 1734 N St. NW in Washington, DC. Situated just blocks off of Dupont Circle, 1734 N Street stands in the heart of Washington, D.C., just six blocks north of the White House. When GFWC purchased its Headquarters in 1922, the location and building was to “be commensurate with the dignity, size, and influence of the organization.” Since then, the house’s history and elegance have been honored, maintained, and protected by GFWC and the liberal support of clubwomen. A few historic notes about the beautiful home of GFWC:

The mansion was built in 1875 for Rear Admiral William Radford. The Rear Admiral had a decorated military career, which concluded with his involvement in the Union Navy during the Civil War. When he built his home, the neighborhood of DuPont was not yet in existence. Less than a decade after the home’s construction, DuPont had become one of the most sought-after neighborhoods in D.C. to reside in and remains so today. 1738 (built in 1879) and 1728 (built in 1884) N Street were acquired by GFWC in the 1950s.

It was reported that about \$40,000 was collected for the purchase of 1734 N Street in 1895 for the third owner, General Nelson Miles, when he came to Washington to command the U.S.

Army. General Miles' most lasting addition to the home was the Spanish-style stables which he constructed in the old carriageway. In 1908, General Miles sold the home to New Yorkers John and Grace Hoffman White.

When Franklin Roosevelt came to Washington D.C. to serve as Assistant Secretary of the Navy from 1913 to 1917 under President Woodrow Wilson, he and Eleanor lived at 1733 N St. N.W. They rented the home from Anna Roosevelt Cowles who was Teddy Roosevelt's older sister and Eleanor's aunt. The story goes that 1733 was called the Little White House as President Teddy Roosevelt would often stop by to meet family, friends and influential individuals who he preferred not to invite to the real White House. Obviously a very prestigious neighborhood! Unfortunately that home has been replaced with a modern hotel. More next time!

