



## GFWC X-JWC

Member of the General Federation of Women's Clubs  
GFWC.ORG



## HOTLINE JANUARY 2022

From **PRESIDENT Katherine Van Dell**

### Happy New Year!

*New is the year,  
new are the hopes,  
new is the resolution,  
new are the spirits,  
and new are  
my warm wishes  
just for you.  
Have a promising  
and fulfilling New Year!*

First of all, I sincerely hope you had a wonderful Christmas with family and friends. December was a busy month for each of us. Our calendars were filled with personal and club events.

Again, I want to thank all of the X-JWC members that volunteered to help out our sister club Women's Civic League during their Christmas House. It was a beautiful weekend, the home gorgeous, and all those that attended thoroughly enjoyed the event.

December 11, the club was invited to attend the open house at the Wyoming Coalition for the Homeless. The mural artist was 10-year-old Rosie Weiss. Rosie is a very talented and delightful young girl. The Welcome Mat is warm and inviting with the improvements made, and the \$300 our club donated bought good looking comfortable chairs.

Joanne Bassett graciously chaired the committee for the Family Promise Christmas Party. On December 13, Joanne, Becky Hart and I shopped for Christmas gifts for the children and mothers. Joanne and Becky wrapped the gifts, and then on December 20 Joanne Bassett, Becky Hart, Lucy Russell, Bev Campbell, Karen Lee, Phyllis Salzburg, Kathleen Petersen and I arrived at the doorstep where the families are housed. We had lots of brightly wrapped presents, cookies, fudge, and punch. Karen Lee led the members and families in singing carols. The children, rambunctious little boys kept the activity fun and loud. We were definitely in the Christmas spirit when we left the home.

I am so proud of each of you! You graciously donated to the President's Project during the luncheon meetings. You chose to donate to St. Jude Children's Research Hospital. I'm asking that we continue this project to our last meeting in May. Then I asked you to consider donating funds to purchase gift cards for the East High Care Foundation. With an Optimist couple's donation and your donations, I was able to purchase 10 \$25 gift cards and deliver them on December 16 to the educators that maintain the foundation at East. The two educators were so appreciative.

Sadly, we lost a beloved member, Thelma Harrell, during December. Thelma's funeral was held December 29. Club members donated funds to purchase food for the reception following the funeral. Thelma will be missed by all.

Thank you for all you do! I am very proud to be a member of this wonderful club. Now onward to a new year. May 2022 smile favorably upon each and every one of us.



President Katherine presents gift cards to East High Cares Foundation coordinators.



Rosie Weiss stands in front of mural she created at Coalition for Homeless Welcome Mat.

## **EDUCATION AND LIBRARIES COMMUNITY SERVICE PROGRAM, Carolyn Turbiville, Chairman**

That time of month again and last time for 2021. Happy New Year. For the year, I think we did some unusual projects considering COVID.

Our last project was very interesting. As Education and Library chairman, my challenge to the club was to see how many books would be donated until December 26, 2021. 20 X-JWC members responded to the challenge with about 120 books given. It was interesting who the books went to: husbands, children, grandkids, great grandkids, great nieces and nephews, friends, children at Family Promise, X-JWC sisters, PEO member, "Take a book give a book", school and probably other places. Many people should have some good reading for the winter.



Kathy Petersen did 26.48 hours at the Laramie County Library during the past year at the Youth Awards tent for children who read a certain number of books. Great work, Kathy. I would like to see more involvement at the Library for us. Please let me know if you have an idea for a project for the next 4 months.

*If you are not willing to learn, no one can help you. If you are determined to learn, no one can stop you!*

## ENVIRONMENT COMMUNITY SERVICE PROGRAM, Jenny Mullin, Phyllis Salzburg, Chairmen



**Christmas Lights** – Phyllis is still collecting Christmas lights. If you have lights to get rid of call her (421-1516) to pick them up or drop them off at her house, 5021 King Arthur Way.

**Recycling Challenge** -- In October X-JWC members were asked to keep track of how many plastic bags and bottles they reused, recycled and/or repurposed during the month. 15 club members reported on their efforts at the end of October. 315 plastic bottles and 119 plastic bags were recycled by reporting members. Thanks to all who participated by reporting their numbers. Many more of course recycle every day so keep up the good work! In the winter report from our national Environment Community Service Program chairman, Wyoming was recognized as one of 13 states that participated in the Challenge.

**The High Plains Arboretum** -- The High Plains Arboretum is 62 acres of what was once woody plant research blocks as part of the 2,870 acre USDA Cheyenne High Plains Horticultural Research Station. From 1928 through the mid 1970's the research station's goals were to find, breed and release trees, shrubs and flowers that would survive in the challenging climate of the High Plains to further encourage settlement of the High Plains. With many successful plant introductions, it is one of the nation's important historic horticultural site. In 2007 138 acres of land was transferred back to City of Cheyenne for development of High Plains Arboretum and Roundtop Park. The Arboretum has a fascinating history. A spring field trip of interested members may be in order!

## HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM, Nancy Krois, Chairperson

### HAPPY NEW YEAR - 2022



**HUGE THANK YOU** to **Bev Campbell** and **All** who helped tie those crazy fleece blankets and finish quilt tops. **WOW** – Bev transformed challenging quilt tops into 26 wonderful quilts for the kids. And you all transformed pieces of fleece into 66 wonderful blankets for more kids. The Blankets project contributed \$1,168 in materials and 183 hours of labor into 92 blankets for the Blankets for Laramie County Kids Plus 1 Final Salute Quilt for a veteran. The blankets went to Safehouse kids, foster care kids and emergency room kids. **THANK YOU** from the Blankets for Laramie County Kids and the Cheyenne Veterans Administration.

**Big Thank You** to everyone who contributed to the **COAT and SOCKS** drive: 15 coats, 43 pairs of socks and 6 pairs of gloves were collected and given to our community - Coalition for the Homeless Welcome Mat and Needs Inc.

As the **NEW YEAR** starts, let us review the **Prevention Activities** that positively contribute to our **HEALTH**. Major steps taken early may avert troubles or potential crises later in the year. Remember your life is precious to your loved ones and your buddies at XJWC.

1. Check your health insurance and **main Health Care Provider(s)**. Is your information on them current and written down so that your loved ones can find the information in case of an emergency?
2. Are all your **IMMUNIZATIONS** current and as recommended by your Health Care Provider(s)? **HANDOUTS** are **AVAILABLE FOR YOU AT the JANUARY** meeting. **TALK** with your Health Care provider **WHEN YOU HAVE ANY CONCERNS** about **any** of them as they apply to you.

3. How about the periodic procedures for prevention? PAP smears, Mammograms, Colonoscopies, etc. Sometimes they are unpleasant or bothersome, but illnesses are even more of a bother and far more serious.
4. Please take precautions during our Wyoming Winter. **HANDOUTS are AVAILABLE FOR YOU AT the JANUARY** meeting compliments of Sue Tardiff last year. Icy conditions can quickly result in a fall.

**May 2022 be filled with Love and Laughter.**  
Remember to **HUM** and tickle that **Vagus Nerve**.

**COMMUNITY IMPROVEMENT PROGRAM, Beverly Campbell, chairman**

The result of the vote taken to determine the number of projects the club will support was to support one project during the upcoming club year.

The result of the member vote on which three organizations to consider supporting was: MEALS ON WHEELS, K-9s FOR MOBILITY, AND CLIMB WYOMING. Providing the three organization are available to speak at the February meeting, we will ask that each organization speak for 10 minutes to share with us what their program does and how financial support would be used if they are selected. After the organizations have completed their presentation, the members will vote for one of the three.

**ESO, Norine Samuelson, Chairman** Get book reports to Norine as soon as possible! Report deadline is drawing near!

**MEMBERSHIP**

We mourn the loss of Thelma Harrell who passed away December 21 at the age of 89. We'll long remember her contagious laugh that always brought smiles to our faces. She helped us celebrate our birthdays as she presented cards each month and led a rousing rendition of Happy Birthday. She joined X-JWC in 2011, making every day of her membership memorable. We will miss her.



**Purple Day  
What a great  
Smile!**



**Thelma - always stylin'! With  
Phyllis Duncan on Hat Day.**

**From Carolyn Turbiville** -- Thanks all of our members who contributed money and/or cookies for the lunch following Thelma's funeral. Everyone seemed very happy with it and I know the family really appreciated it. Most of the leftover food went to the family. The extra money collected will go to the X-JWC Community Improvement Project.

## **THINKING OF YOU**

We send heartfelt condolences to Carol Ashe whose husband Phillip passed away December 29.

**NEW MEMBER** Karen Kent is welcomed by Membership chairman Cindy Hardesty and sponsor Beverly Campbell.



**CONGRATULATIONS TO TRISH PEOPLES** – for being recognized as an Unsung Hero by the Wyoming Tribune Eagle! Nominated by President Katherine Van Dell, Trish’s many volunteer contributions are described in the January 1, 2022 edition of the WT-E. A well-deserved honor, she is recognized for her contributions to so many projects she has been an integral part of in our community, many involving GFWC-W, X-JWC, Meadowlarks and Women’s Civic League. We’re proud to have Trish as a member of X-JWC!