



GFWC X-JWC



Member of the General Federation of Women's Clubs
GFWC.ORG



HOTLINE MAY 2022



Phyllis Salzburg, Editor psalzburg@bresnan.net

Katherine Van Dell, President Thank you! It has been my privilege to serve as your president for the 2021 – 2022 club year. It was not an easy year with the pandemic and loss of beloved members, but you persevered. We successfully held meetings via Zoom and face-to-face; we kept moving forward each month. Thank you for your commitment and dedication to the goals of GFWC.

Thank you for participating and working on so many projects and programs throughout the year. Your donations to St. Jude Children's Research Hospital and UNICEF for Ukraine have been outstanding. The financial reports reflect the amounts donated and you should be very proud of the support given to these two organizations. Hosting two large successful fundraisers benefitted the club's CIP projects. A big thank you to Bev Campbell for the beautiful quilted picture that raised an impressive amount through ticket sales. She and her helpers moved the quilt around to banks and other organizations where tickets were sold. At Tuesday's meeting representatives from Family Promise and Friday Food Bags will receive the last proceeds from our fundraisers and memorials designated for our CIP projects.

The following members attended the GFWC Wyoming state convention in Thermopolis: Joanne Bassett, Patty Benskin, Beverly Campbell, Becky Hart, Karen Kent, Karen Lee, Trish Peoples, Kathleen Petersen, Lucy Russell, Phyllis Salzburg, Carolyn Turbiville and me. It was great to have so many of our members there to support Trish as she moves into the role of state president. Prior to the processional, I presented Trish with a corsage in the convention colors from the club. She was surprised and pleased to receive the card revealing the club's donation to USI in her name as our gift to her. The reception following the banquet Saturday night was lovely with cakes, cupcakes, Champagne, sparkling cider, mints and nuts. Thank you for helping make this event successful.

The club received a Certificate of Merit for our outstanding efforts in Leadership for our creative CIP selection process. Thank you for working tirelessly in this area. Anniversary scrolls (two 10 year recipients and one for 40 years) will be awarded at Tuesday's meeting

I could go on and on but will conclude with another thank you. You are an outstanding club, you are outstanding women, and again it has been my privilege to serve as your president.

ANNUAL DUES ARE NOW DUE -- \$38

MAY GENERAL MEMBERSHIP MEETING, Tuesday, May 3, 11:30, Red Lion Inn. Menu: Salad, Meat Loaf, Garlic Mashed Potatoes, Vegetable, Strawberry Shortcake.

2022 – 2023 officers will be installed and Community Improvement Program recipients (Family Promise and Friday Food Bags) will be present to receive their checks, the fruits of our labors during the 2021 – 2022 club year!



GFWC SIGNATURE PROGRAM: DOMESTIC AND SEXUAL VIOLENCE AWARENESS AND PREVENTION: Prevent Child Abuse Recognizing Prevent Child Abuse month in April, President Katherine, her family members, and Toni Green planted blue and silver Pinwheels for Prevention at the Cheyenne Botanic Gardens Paul Smith's Children's Village.



CIVIC ENGAGEMENT AND OUTREACH

Monday, May 30, is Memorial Day. Look for and participate in local events honoring veterans.



GFWC Wyoming veterans received Quilts of Valor at state convention created by Katherine's daughter.

L-R: Leslie Jo Gatti (Rock Springs), Pam Crochet (Women's Civic League), Leah (Katherine's daughter), Trish Peoples, Flo Beville (Meadowlarks).

ENVIRONMENT COMMUNITY SERVICE PROGRAM, Phyllis Salzburg, Chairman. Thanks to all who helped celebrate Earth Day by donating socks for the SmartWool, 2nd Cut Sock Collection! 4 members donated 5 pounds of socks which were delivered to the collection box at Jax. SmartWool ships the socks to a company that deconstructs the hard to recycle socks and makes them into new items such as dog beds.



WYOMING HUNGER INITIATIVE. *Are you planning a vegetable garden this summer?* The WHI, collaborating with UW Extension and the Cent\$ible Nutrition Program, is encouraging home gardeners to share with local food pantries, social service agencies, crisis centers, and others through the *Grow a Little Extra Project*. Community gardens, churches and organizations are also encouraged to establish a garden dedicated to growing food for the community.

About 23,500 children in Wyoming suffer from food insecurity. "Research has shown that children who suffer from food insecurity – even once in their lifetime – demonstrate poorer overall health 10-15 years later. In addition to health outcomes, food insecurity has an impact

on academic achievement, graduation rates, and economic wellbeing.” If you can, share your bountiful harvest this summer. Hopefully no hail this year!



HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM, Nancy Krois, chairman. You can participate in and support many community activities this month and summer including the following:

Wyoming Coalition for the Homeless: The following are needed to make sleeping bags for Cheyenne’s Homeless: Blankets, comforters and sheets of all sizes. Neckties are also used to tie the bags together. Please deliver donated items to the **Welcome Mat** at 907 Campbell Ave. For more information, call (307) 634-8499.

Cheyenne Day of Giving: May 13th, Friday: Kiwanis Community House at Lions Park, 8:00 a.m. – 4:00 p.m. Drive through drop off makes it easy. The following are among items being collected: canned goods and non-perishable foods, personal care items, cell phones and chargers, craft items, medical supplies and durable equipment, used eyeglasses, used hearing aids and batteries, and leftover prescription medications. Blood donations can also be given on that date or by appointment at Vitalant at another date. Cash or check donations to Day of Giving may be made.

LOTS OF LOCAL ACTIVITIES ARE AVAILABLE FOR ALL INTERESTS AND ACTIVITY LEVEL.

Enjoy your community as best you can. Remember to Nurture yourself and friends with fresh air and social connections.



Happy Spring-time Days and Summer Fun! May warmer days, Blooming Trees and Flowers bring Smiles to You All.

WAYS AND MEANS

Meadowlark Market, August 13th, 2022. Watch for e-mails and announcements on how we will participate and help XJWC.

MEMBERSHIP

Upcoming birthdays:

May: Chris Ryan 5/1; Joanne Bassett 5/8; Barb Turk 5/8; Donna Martin 5/11

June: Carol Pralle 6/17

July: Phyllis Salzburg 7/1; Karen Lee 7/16; Loretta Humphrey 7/18

August: Jacque Gargyi 8/4; Toni Greene 8/4; Becky Hart 8/9; Janice Torrance 8/12; Cindy Hardesty 8/14; Wendy Owen 8/15; Carol Ash 8/22; Carolyn Turbiville 8/23; Bev Campbell 8/31



2022 GFWC WYOMING CONVENTION Thermopolis was the site of this year’s annual Convention where X-JWC members enjoyed a very informative and fun weekend. Grace for 2 Brothers presented QPR training on suicide and GFWC-W Leading Ladies provided leadership training. We hugged trees to recognize Arbor Day, enjoyed a fun evening pajama party, soaked in the hot pools, recognized members’

years in clubs, worked on bylaws and resolutions, viewed youth art and photography contest entries. Members who passed away last year were remembered at a memorial service. Club Creativity Awards were announced in Community Service Programs, officers elected and installed: President Trish Peoples, President Elect Karen Bard (Laramie), Vice President Karen Kent, Secretary Elsie Gray (Yoder), Treasurer Katherine Van Dell. And so much more! GFWC International Treasurer Mary Beth Williams, special GFWC guest from Colorado Springs, brought information from GFWC and learned lots about Wyoming clubwomen!



Trish installed as GFWC-W President



PJ party



Katherine selecting roses, lighting candles at memorial service



Tree hugging on Arbor Day



Return of Little Bo Peoples

COMING SOON! WATCH FOR X-JWC SUMMER PICNIC INFORMATION!

It'll be fun! Bring a friend, introduce them to X-JWC, the fun we have and good things we do!



www.gfwcxjwccheyenne.org

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